

Congregation T'shuvat Yisrael – [www.Yeshuati.com](http://www.Yeshuati.com)

Rabbi Bob Benbow

For those who do not know, the Portion name comes from the first word or words of the portion in Torah. This weeks Torah Portion is named Re'eh and it is translated as “Behold”.

#### **The Torah Commentary:**

Children you are to YHVH your God; you shall not cut yourselves, nor make any baldness between your eyes for the dead. For a holy people are you to YHVH your God, and YHVH has chosen you to be a treasured possession to Himself, from all the peoples on the face of the earth. You shall not eat any abominable thing. These the beasts which you shall eat: the ox, the sheep, and the goat, the hart, and the roebuck, and the fallow deer, and the wild goat, and the bison, and the wild ox, and the chamois. And every beast that parts the hoof, and cleaves the cleft into two claws, and chews the cud among the beasts, that you shall eat. Nevertheless these you shall not eat of them that chew the cud, or of them that divide the cloven hoof; the camel, and the hare, and the coney; for they chew the cud, but divide not the hoof; they are unclean to you; you shall not eat of their flesh, nor touch their dead carcass. These you shall eat of all that are in the waters: all that have fins and scales shall you eat: and whatsoever has not fins and scales you may not eat; it is unclean to you. All clean birds you shall eat. But these of which you shall not eat: the eagle, and the ossifrage, and the ospray, and the glede, and the kite, and the vulture after his kind, and every raven after his kind, and the owl, and the night hawk,, and the cuckoo, and the hawk after his kind, the little owl, and the great owl, and the swan, and the pelican, and the gier eagle, and the cormorant, and the stork, and the heron after her kind, and the lapwing, and the bat. And every creeping thing that flies is unclean to you: they shall not be eaten. All clean fowls you may eat. You shall not eat any thing that dies of itself; you shall give it to the stranger that is in your gates, that he may eat it; or you may sell it to an alien: for a people holy are you to YHVH your God. You shall not seethe a kid in his mother's milk. (Deut. 14:1-

21) Therefore you shall love YHVH your God, and keep His charge, and His statutes, and His judgments, and His commandments, always. And you shall observe to do all the statutes and judgments which I set before you this day. These the statutes and judgments, which you shall observe to do in the land, which YHVH your God of your fathers gives you to possess it, all the days that you live upon the earth. You shall not do after all that we do here this day, every man whatsoever is right in his own eyes. Observe and hear all these words which I command you, that it may go well with you, and with your children after you forever, when you do good and right in the sight of YHVH your God. What thing soever I command you, observe to do it: you shall not add there to, nor diminish from it. (Deut. 11:1,32;12:1,8,28,32) And all your children shall be taught of YHVH and great the peace of your children. (Isa. 54:13) "You shall not eat any abominable thing." The word "abominable" is Strong's # 8441, which states: "something disgusting, abhorrent; espec. Idolatry or an idol; an abominable custom or thing." This word is Strong's # 8581, which states: "to loathe, i.e. (morally) detest, abhor. To be refused, rejected, abominable." The New Twentieth Century Dictionary defines "abominable" as: "very hateful; detestable; loathsome; odious to the mind; offensive to the senses." There are things that are an abomination to man, and things that are an abomination and affront to YHVH God. What is it that YHVH God says He hates and is an abomination to Him? **Food:** Unclean animals, fowl, creeping things, flying creeping things, unclean carcasses. For I YHVH your God: you shall therefore sanctify yourselves, and you shall be holy: for I Am holy: neither shall you defile yourselves with any manner of creeping thing that creeps upon the earth. For I Am YHVH Who brings you up out of the land of Egypt, to be your God: you shall therefore be holy, for I Am Holy. This is the law (Torah) of the beasts, and of the fowl, and of every living creature that moves in the waters, and of every creature that creeps on the earth: to make a difference between the unclean and the clean, and between the beast that may not be eaten. (Read Lev.11) **Forbidden sexual practices:** You shall therefore keep My statutes and My judgments, and shall not commit of these abominations: any of your own nation, nor any stranger that sojourns among you: (for all these abominations have the men of the land done, which were before you, and the land is defiled; that the land spew not you out also, when you defile it, as it spewed out the nations before you. For whosoever shall commit any of these abominations, even the souls that commit shall be cut off from among their people. Therefore shall you keep Mine ordinance, that you commit not of these abominable customs, which were committed before you, and that you defile not yourselves therein: I Am YHVH your God. (Read Lev. 19) **Idolatry:** The graven images of their gods shall you burn with fire: you shall not desire the silver or gold on them, nor take to you, lest

you be snared therein: for it an abomination to YHVH your God. Neither shall you bring an abomination in your house, lest you be a cursed thing like it: you shall utterly detest it, and you shall utterly abhor it: for it a cursed thing. (Deut. 7:25,26)

**Unjust treatment, judgments, weights, and balances.** (Read Deut. 25)

**A forward heart, lying lips, the way of the wicked, the proud in heart.** (Read Proverbs) And He said to them, "You are they which justify yourselves before men; but God knows your hearts; for that which is highly esteemed among men is abomination in the sight of God. (Luke 16:15) What do all these have in common that afflict mankind? The lust of the eyes, the lust of the flesh, and the pride of life, all these are an abomination to God. Is it just an issue of food, and wanting to do what seems right in one's own eyes and flesh? Or is it more of a spiritual issue, since we are made in the image of God, and He has said that He dwells in us and our body is now the temple of the Holy Spirit. But if the Spirit of Him that raised up Yeshua from the dead dwell in you, He that raised up Messiah from the dead shall also quicken your mortal bodies because of His Spirit that dwells in you. Therefore, brethren, we are debtors, not to the flesh, to live after the flesh. For if you live after the flesh, you shall die: but if you through the Spirit do mortify the deeds of the body, you shall live. For as many as are led by the Spirit of God, they are the sons of God. The Spirit itself bears witness with our spirit, that we are the children of God: (Read Rom. 8) We are to have the mind of Messiah, to follow after Him and obey His Commandments. Clean foods feed the body. Spiritual food feeds the soul. Man does not live by bread alone, but by every word from the mouth of God. Selah.